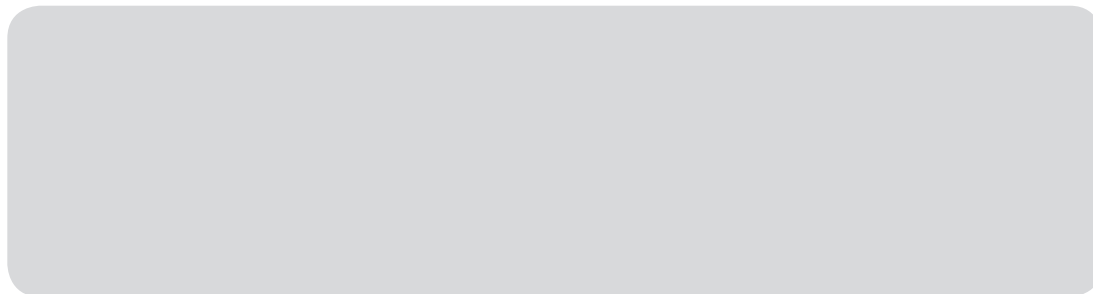




FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TRY THE Y FOR POSITIVE CHANGE

Corporate Membership
YMCA OF GREATER HOUSTON



Since your company is part of the Y's Corporate Membership program, you and your family can experience the Y through a complimentary 2-week trial membership to "Try the Y".* Simply bring proof of employment and photo ID on your first visit. We'll see you at the Y!

Join during the above dates and you'll receive:

- **100% off the joining fee**
- **100% off your first full month of dues***
- **Up to a \$223 value**

If you join after the above dates, you will receive 50% off the joining fee and 50% off the your first full month's dues*, up to a \$111.50 value.

* You may participate in up to 2 trial periods per calendar year.

* Pro-rated membership dues apply at the time of membership enrollment.

www.ymcahouston.org





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GOOD HEALTH IS GOOD BUSINESS

Corporate Membership YMCA OF GREATER HOUSTON

The Y is in your community to give everyone an opportunity to learn, grow and thrive. As the nation's leading nonprofit for youth development, healthy living and social responsibility, we are reaching out to you with an opportunity for your most valuable asset—your employees.

The YMCA of Greater Houston can be a partner for your employees and their families. Corporate membership includes:

Year-round:

- **50% off the joining fee**
- **50% off the first full month's dues** (pro-rated dues apply)
Up to a \$110 value
- **Access to Y classes and programs such as group exercise, personal training, swim lessons and child watch**
- **Complimentary SMART Start wellness orientation**
- **Citywide members receive facility access to any of the 29 YMCA's in Greater Houston**

"Try the Y" period:

- **100% off the joining fee**
- **100% off the first full month's dues** (pro-rated dues apply)
Up to a \$220 value
- **Employer can schedule up to 4 trial membership periods per calendar year** (one per quarter).
- **Employees can enjoy up to 2 trial memberships per year**

Help your employees find balance and good health in spirit, mind and body by offering them this special opportunity to join the Y.

For more information contact 713-758-9145 or email workplacewellness@ymcahouston.org.



www.ymcahouston.org

Why The Y?

The Y is in your community to give everyone an opportunity to learn, grow and thrive. As the nation's leading nonprofit for youth development, healthy living and social responsibility, the Y is working to make a meaningful, lasting impact right in your neighborhood.

YMCA LOCATIONS



MEMBERSHIP CENTERS

1. **ALIEF FAMILY YMCA**
281-495-9100
7850 Howell-Sugarland Rd., Houston, TX 77083
2. **BAYTOWN FAMILY YMCA**
281-427-1797
6952 Garth Rd., Baytown, TX 77521
3. **BRENDA AND JOHN DUNCAN YMCA**
713-467-9622
10655 Clay Rd., Houston, TX 77041
4. **CONROE FAMILY YMCA**
936-441-9622
10245 Owen Dr., Conroe, TX 77304
5. **COSSABOOM FAMILY YMCA**
713-643-4396
7903 S. Loop E., Houston, TX 77012
6. **D. BRADLEY MCWILLIAMS YMCA AT CYPRESS CREEK**
281-469-1481
19915 S.H. 249, Houston, TX 77070
7. **EAST MONTGOMERY COUNTY FAMILY YMCA-EXTENSION SITE**
281-689-2655
16401 First St., Splendora, TX 77372
8. **EDGAR A. SMITH FAMILY YMCA**
281-486-9622
14650 Hwy 3, Webster, TX 77598
9. **FORT BEND FAMILY YMCA**
281-499-9622
4433 Cartwright Rd., Missouri City, TX 77459
10. **HARRIET AND JOE FOSTER FAMILY YMCA**
713-869-3378
1234 W. 34 St., Houston, TX 77018

11. **HOUSTON TEXANS YMCA**
713-748-5405
5202 Griggs Rd., Houston, TX 77021
12. **LAKE HOUSTON FAMILY YMCA**
281-360-2500
2420 W. Lake Houston Pkwy, Kingwood, TX 77339
13. **LANGHAM CREEK FAMILY YMCA**
281-859-6143
16725 Longenbaugh, Houston, TX 77095
14. **M.D. ANDERSON FAMILY YMCA**
713-697-0648
705 Cavalcade, Houston, TX 77009
15. **MONTY BALLARD YMCA AT CINCO RANCH**
281-392-5055
22807 Westheimer Pkwy, Katy, TX 77494
16. **NORTHEAST FAMILY YMCA**
713-633-0530
9551 N. Wayside, Houston, TX 77028
17. **PERRY FAMILY YMCA**
281-338-9622
1700 League City Pkwy W., League City, TX 77573
18. **SEALY FAMILY YMCA-EXTENSION SITE**
979-256-9991
1000 Main St., Sealy, TX 77474
19. **THE WOODLANDS FAMILY YMCA AT BRANCH CROSSING**
281-367-9622
8100 Ashlane Way, The Woodlands, TX 77382
20. **THE WOODLANDS FAMILY YMCA AT SHADOWBEND**
281-367-9622
6145 Shadowbend, The Woodlands, TX 77381

21. **TELLEPSEN FAMILY DOWNTOWN YMCA**
713-659-8501
808 Pease, Houston, TX 77002
22. **THELMA LEY ANDERSON FAMILY YMCA**
281-585-3112
3201 S. Hwy 35, Alvin, TX 77511
23. **TROTTER FAMILY YMCA**
713-781-1061
1331 Augusta Dr., Houston, TX 77057
24. **T.W. DAVIS FAMILY YMCA**
281-341-0791
911 Thompson Hwy, Richmond, TX 77469
25. **VIC COPPINGER FAMILY YMCA**
281-485-6805
2700 YMCA Dr., Pearland, TX 77581
26. **WEEKLEY FAMILY YMCA**
713-664-9622
7101 Stella Link Blvd., Houston, TX 77025
27. **WENDEL D. LEY FAMILY YMCA**
281-458-7777
15055 Wallisville Rd., Houston, TX 77049
28. **WEST OREM FAMILY YMCA**
713-726-1606
5801 W. Orem Dr., Houston, TX 77085
29. **YMCA AT KATY MAIN STREET**
Coming Spring 2017
1350 Main St., Katy, TX 77494

PROGRAM SITES

30. **ALDINE-GREENSPOINT FAMILY YMCA**
832-484-9622
10960 N. Fwy, Houston, TX 77037
31. **HUNTSVILLE FAMILY YMCA**
936-295-8009
2906 Old Houston Rd., Huntsville, TX 77340
32. **MAGNOLIA-TOMBALL FAMILY YMCA**
281-356-4077
36725 FM 1774, Magnolia, TX 77355
33. **YMCA CAMP CULLEN**
936-594-2274
460 Cullen Loop, Suite A, Trinity, TX 75862
34. **YMCA OF GREATER HOUSTON ADMINISTRATIVE OFFICE**
713-659-5566
2600 N. Loop W., Suite 300, Houston, TX 77092
35. **YMCA INTERNATIONAL SERVICES**
713-339-9015
6300 Westpark, Suite 600, Houston, TX 77057
713-758-9261
6671 Southwest Fwy, Suite 200, Houston, TX 77074

Y membership offers you many opportunities and benefits, including those listed below. Call your local Y or visit www.ymcahouston.org to learn more.

Youth Development: Nurturing the potential of every youth and teen

Kids will learn, grow and thrive in Y programs, whether they participate in swim lessons, sports or camp. As a bonus, when you are a member, you enjoy lower rates when you register your children for these programs.

Healthy Living: Improving the nation's health and well-being

The Y brings our community together through programs and offerings that inspire fun and fitness! Enjoy a free fitness consultation upon joining, open gym/swim time, complimentary group exercise classes, and member privileges at reciprocating out-of-town YMCAs.

Social Responsibility: Giving back and providing support to our neighbors

Make an impact in your community by volunteering to coach youth sports, teach reading skills or raise funds.

FACILITY FEATURES	ALIEF FAMILY YMCA	BAYTOWN FAMILY YMCA	BRENDA & JOHN DUNCAN YMCA	CONROE FAMILY YMCA	COSSABOOM FAMILY YMCA	D. BRADLEY MCWILLIAMS YMCA	E.A. SMITH FAMILY YMCA	FORT BEND FAMILY YMCA	HARRIET & JOE FOSTER FAMILY YMCA	HOUSTON TEXANS YMCA	LAKE HOUSTON FAMILY YMCA	LANGHAM CREEK FAMILY YMCA	MD ANDERSON FAMILY YMCA	MONTY BALLARD YMCA AT CINCO RANCH	NORTHEAST FAMILY YMCA	PERRY FAMILY YMCA	THE WOODLANDS FAMILY YMCA (2 LOCATIONS)	TELLEPSEN FAMILY YMCA	THELMA LEY FAMILY YMCA	TROTTER FAMILY YMCA	TW DAVIS FAMILY YMCA	VIC COPPINGER FAMILY YMCA	WEEKLEY FAMILY YMCA	W.D. LEY FAMILY YMCA	WEST OREM FAMILY YMCA	YMCA AT KATY MAIN STREET (COMING 2017)
ADAPTIVE PROGRAMS		•		•																•						•
ADULT ENRICHMENT PROGRAMS	•		•			•	•		•	•	•	•		•			•	•	•	•	•	•	•	•	•	•
AFTER SCHOOL CHILD CARE	•	•		•	•	•	•	•	•		•	•		•	•	•	•	•	•	•	•	•	•	•	•	•
CHILD WATCH	•	•		•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
COMMUNITY GARDEN						•							•													
COMMUNITY HEALTH	•		•			•	•			•	•	•	•	•		•	•	•	•	•	•	•	•	•	•	
DAY CAMP	•		•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
FAMILY POOL/SPLASH PAD	•	•	•	•	•	•	•			•	•	•		•		•	•		•	•	•	•	•	•	•	
GROUP EXERCISE CLASSES	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
GYMNASIUM	•					•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
HOT TUB			•		•	•											•	•		•						
INDOOR POOL			•		•	•	•				•			•			•	•		•		•				
INDOOR TRACK						•												•								
MEETING ROOMS	•		•			•		•	•	•	•	•				•	•		•	•	•		•	•	•	
OUTDOOR POOL	•			•	•	•	•	•	•	•		•	•	•	•	•	•		•	•			•	•	•	
OUTDOOR TRACK				•	•	•	•	•				•			•				•	•		•			•	
PERSONAL TRAINING	•		•	•		•	•	•	•	•	•	•		•		•	•	•	•	•	•	•			•	
PLAYGROUND	•		•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
RACQUETBALL/HANDBALL COURTS				•		•	•	•										•		•				•		
SAUNA			•	•	•	•						•					•	•			•			•		
STEAM ROOM																				•						
STRENGTH/CARDIO EQUIPMENT	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
SWIM LESSONS	•		•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
TEEN PROGRAMS	•		•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
YMCA CHILDREN’S ACADEMY						•			•				•				•							•		
YOUTH ENRICHMENT	•		•	•	•	•	•	•	•	•	•	•	•	•		•	•	•	•	•	•	•	•	•	•	

JOIN AND STRENGTHEN MORE THAN MUSCLES

With a mission to put Christian principles into practice through programs that build a healthy spirit, mind and body for all, our impact is felt when an individual makes a healthy choice and when a community comes together for the common good. The Y is accessible to all people. We offer financial assistance to individuals and families, thanks to those who give to our Annual Campaign. For up-to-date information on hours, locations, programs and rates, please visit our website: www.ymcahouston.org

YMCA of the Greater Houston Area • P.O. Box 3007, Houston, TX 77253 • ymcahouston.org



YMCA Mission: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all. Everyone is welcome.

